



Attendance

This week's attendance figures show that we have had another good week of attendance here at Abbey Mead. The table below shows attendance Monday to Thursday

Class	Average(%)
1FI	92.21
1PP	99.58
1SH	90.98
2EB	86.18
2NF	95.69
2SP	95.87
3AA	91.25
3IB	93.39
3SR	100.00
4JA/GH	95.83
4KO	88.11
4KR	94.17
5CC/CH	97.91
5HF	86.99
5MB	89.34
6NK	91.53
6RT/SC	99.19
6ZE	98.33
FMC/CR	89.83
FOL	90.56
FZM	81.71

Well done to 1PP who are our KS1 winners and 3SR for achieving 100% attendance this week.



End of Term Message

As we come to the end of Spring term we would like to take this opportunity to wish all our pupils and families a wonderful and well deserved Easter break.

We look forward to welcoming you all back on **Monday 8th April 2024**

The school will be closed from Monday 25th March to Friday 5th April 2024

Premier Education will be running holiday camps at Abbey during the first week of the holiday. Registration for this is now closed.



Greenhouse Sports will run holiday camps for children in Years 3 & 4 on Tuesday 2nd April. On Friday 5th April the camps will run for children in Years 5 & 6. Please check your emails for further information regarding the camps.



Holi

Last week we had our Holi celebrations at school. Children, staff and families had a wonderful time. We would like to wish Happy Holi to all the families who are celebrating Holi on Monday 25th March.





Dinner Menu

Our menus have become very popular and children are really enjoying the choices on offer. Parents can view the menu on their MCAS parent app by clicking on the 'Dinner Menu' tab. There is a three week rolling menu that consists of a variety of favourite dishes. The menu will change after the Easter Break with some new dishes.

Chartwells Schools

WEEK 1
W/C: 08/04, 29/04, 20/05, 03/06, 24/06, 26/08, 16/09, 07/10, 28/10, 25/11

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Vegetable Burrito	Vegetarian Sausage Served with Mashed Potato and Gravy	Cheese and tomato Pizza Served With Potato Wedges	Chinese Stir Fried Veggie Rice	Fish Fingers Served with Chips
JACKET POTATO	Potato & Lentil Curry Served with Wholegrain Rice	Roasted Cauliflower, Sweet Potato and Chickpea Masala Served with Wholegrain Rice	Vegetable Korma Served With Brown Rice	Bombay Potatoes Served With Rice	Vegetable Shak Served with Rice
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					

The Indian option will include: Roasted cauliflower, sweet potato and chickpea masala; Bombay potatoes, Saag Aloo curry, Dhal Makhani.

We have reviewed the English options and spoken with children about changes they would like to see whilst not losing favourites like cheese and mixed pepper flan; macaroni cheese; cheese and tomato pizza, and jacket potatoes. New dishes will include: Vegetable burritos and Vegetarian Lasagne.

Chartwells Schools

WEEK 2
W/C: 15/04, 06/05, 10/06, 01/07, 02/09, 23/09, 14/10, 04/11

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Jacket Potato with BBQ Baked Beans	Mexican Vegetarian Tortilla Pie Served with Wholegrain Rice	Creamy Vegetable Pie with a Cheesy Shortcrust Topper Served with Roast Potatoes & Gravy	Vegetarian Lasagne Served with Garlic and Herb Bread	Fish Fingers Served with Chips
JACKET POTATO	Red Lentil Dhal Served with Wholegrain Rice	Butternut squash curry Served with rice and Naan Bread	Vegetable Biryani Served With Cucumber Raita & Wholegrain Rice	Saag Aloo curry Served With Basmati Rice	Chickpea & Potato Curry - Kichadi Served with Khadi
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					

Fish fingers will remain on the menu twice over the three-week menu cycle as requested by parents. New options will be available to view on the MCAS app after the Easter holiday.

Through feedback, several parents also raised queries around potential meat options being included on the menu. Whilst we would love to accommodate these requests, this is unfortunately not possible due to challenges around cultural and religious requirements; alongside the storage of meat dishes (beef/pork), purely vegetarian food; and the use of no eggs. We will however continue to consider the best possible meat substitutes which are a firm favourite with the children, offering high levels of protein and low saturated fats.

Many parents also got an opportunity to sample the food during the recent parents' evenings and were all very impressed with the quality of the food served.

We would like to thank Patsy and the kitchen staff for all their hard work and dedication to serving our children a healthy and tasty lunch every day.



Upcoming Dates

- School closes for Easter Holiday—**Friday 22nd March 2024**
- School re-opens—**Monday 8th April**
- Eid Lunch—**Friday 12th April**
- Vaisakhi Celebration—**Tuesday 16th April**
- Eid Performance—**Thursday 18th April**
- Bank Holiday (May Day) - **Monday 6th May**
- Half Term Holiday begins—**Monday 27th May 2024**
- School re-opens after half term—**Monday 3rd June**



Online Safety

Gaming

Gaming has become an increasingly popular form of entertainment, and it is important for parents to understand its impact on children. Below will outline the pros and cons of gaming to help parents make informed decisions about their children's gaming habits.

Pros of Gaming:

- Improved hand-eye coordination and fine motor skills
- Enhanced problem-solving and strategic thinking abilities
- Opportunities for social interaction and teamwork
- Improved mood and reduced stress levels



Cons of Gaming:

- Addiction and excessive use leading to decreased physical activity and poor sleep habits
- Exposure to violent and age-inappropriate content
- Decreased attention span and academic performance
- Increased aggressive behaviour and decreased empathy

Tips for Parents:

- Set limits on screen time and ensure that gaming does not interfere with other important activities such as school and physical exercise.
- Monitor the content of games to ensure they are age-appropriate.
- Encourage a balanced and healthy lifestyle, including a healthy diet and regular physical activity.
- Foster alternative interests and encourage children to pursue other forms of entertainment and leisure.



This week @ Abbey



Abbey Mead Primary Academy @AbbeyMead_TMET · 1h ...
FZM have been busy using their fine motor skills to make dinosaur transient art using pasta! They have thought carefully about the details and features of the dinosaurs they have made 🥰🦕🦖



Mrs Patel @MrsPPatel_AMPA · 21h ...
1PP have been busy designing leaves and flowers for their final piece of art work. How amazing do they look ❤️ @AbbeyMead_TMET @MissPatel_AMPA



Miss Kaur @MissKaurNK · Mar 20
Year 6 have been exploring 3D shape nets this morning @AbbeyMead_TMET @AbbeyMead_Maths



Miss Resch @MissResch_ · Mar 20 ...
3SR are working hard to follow their plans and create their mosaics inspired by the work of Elaine Goodwin and Pierrot Cavellini. #art @AbbeyMead_TMET @Miss_Saujani @MissPatel_AMPA



Miss Rigby @MissRigby9 · Mar 19 ...
Yesterday, Year 4 went to Bradgate Park to explore the river and look for geographical features. We started off with walking up to Old John. @AbbeyMead_TMET



Miss Rigby @MissRigby9 · Mar 19 ...
More photos of our trip to Bradgate Park. We also took a walk along the river to spot the features that we had learnt previously. Mr Aldred and Miss Saujani came to join us in the afternoon. 😊 @AbbeyMead_TMET @Miss_Saujani

