THREE WAR THE WAR THE

Spring/Summer 2023

OUR NEW
MENU CHOSEN
BY PARENTS
AND CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY













MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish British

Macaroni Cheese Cheesy macaroni pasta

Cheese & Tomato Pizza 👩 Garlic & Herb Bread Wedge

Mixed Lentil Curr

Wholegrain Rice

Vegan Sausage Casserole with Roast Potatoes and Gravy Plant sausages in a rich casserole

Potato Curry

Khadi

A Selection of Fresh Salads

Including lettuce, cucumber,

tomato, grated carrot

A delicious Bolognese with Garlic & Herb Bread Wedge

Hot Main Dish Indian

Salads

Vegetables

Desserts

Chickpea & Potato Curry

Wholegrain Rice 👧 💝

A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot

ORANGE DRIZZLE SPONGE - EGG

FREE

Carrots & Peas 🕥 🐋

A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot

Green Beans & Salad

CHOCOLATE BROWNIE GF - EGG

FREE

With Custard



Carrots and Cabbage 🕍

Shortbread Biscuit with Fruit Slices

Moong Bean Curry Wholegrain Rice

Vegetarian Bolognese 🐲

A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot

Broccoli and Sweetcorn when the second secon

Apple Crumble- EGG FREE With Custard

Breaded Fish Fingers

With Chips, Beans and Peas



A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot

Baked Beans and Peas 🕍



YOGHURT BLUEBERRY CAKE - EGG FREE





HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY



WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT















Internal









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish British

Veggie Pasta Bolognese **Sweet Chilli Vegetable Noodles** Tomato Pizza Bread 🕡 🚕

With Rice Noodles V Vegetable Pie with a Cheesy Shortcrust topper

Roast potatoes veg and Gravy

Chinese Vegetarian Rice

Vegetable Nuggets and Chips



Hot Main Dish Indian

Vegetables

Desserts

Black Eyed Bean Curry 🤎 Wholegrain Rice

A Selection of Fresh Salads

Including lettuce, cucumber,

tomato, grated carrot



Potato Curry - Khichadi Khadi



Kidney Bean & Sweetcorn Curry



Vegetable Curry 😽 💟 Wholegrain Rice

Mixed Lentil Curry 🤎 🛛 Wholegrain Rice

Salads

Carrot & Cucumber Sticks



Peas and Broccoli 💟 🐲

A Selection of Fresh Salads

Including lettuce, cucumber,

tomato, grated carrot



A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot

Carrots and Cabbage



Green Beans and Sweetcorn

A Selection of Fresh Salads

Including lettuce, cucumber,

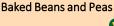
tomato, grated carrot

CHOCOLATE BROWNIE GF-EGG FREE

With Orange wedges

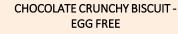
A Selection of Fresh Salads Including lettuce, cucumber,

tomato, grated carrot



VANILLA SPONGE GF - EGG FREE

With Custard



Served with fruit slices

PEACH SLICE SPONGE GF - EGG FREE With Custard

RASPBERRY YOGHURT CAKE GF -EGG FREE With Custard









HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT































	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish British	Pesto Pasta Bake Peas & Carrots	Vegetable Chow Mein Broccoli & Sweetcorn	Vegetable Pastry Roll Roast potatoes veg and Gravy	Vegetarian Cottage Pie with Gravy & Veg	Vegan Meatballs in Tomato Sauce Chips & Peas
Hot Main Dish Indian	Potato Curry - Khichagi 🥪 Khadi	Moong Bean Curry ♥ Wholegrain Rice	Vegetable Curry 🧽 🔮 Wholegrain Rice	Black Eyed Bean Curry Wholegrain Rice	Vegetable Shak 🤴 🕚 Wholegrain Rice
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Vegetables	Peas and Carrots 🦁 😻	Broccoli and Sweetco 🔾 👾	Carrots and Cabbag 👽 🐲	Carrots and Green Beav 🐲	Baked Beans and Peav
Desserts	ORANGE DRIZZLE SPONGE - EGG FREE With Fruit Slices	PEAR UPSIDE DOWN CAKE GF - EGG FREE With Custard	Strawberry Ice Cream	JAM SPONGE - EGG FREE With Custard	FLAPJACK- EGG FREE With Banana







