



PSHE SCHEME OF WORK INCLUDING SPIRITUAL, MORAL, SOCIAL AND CULTURAL DEVELOPMENT

AIMS AND OBJECTIVES

Personal, Social, Health and Economic (PSHE) education is a subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, while preparing them to make the most of life and work. It enables children to become healthy, independent and responsible members of society. Pupils are actively encouraged to play a positive role in contributing to the life of the school and the wider community. In doing so we help to develop pupil's sense of worth and we teach them how society is organised and governed. We teach them about their rights and responsibilities and enable them to learn to appreciate what it means to be a positive member of a culturally diverse society.

The spiritual, moral, social and cultural development of all pupils is extremely important and pupils are supported on a daily basis through the school's ethos.

Through our teaching we aim to enable the children to:

- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues both on and offline;
- Develop self-confidence and self-esteem, resilience and character and make informed choices regarding personal and social issues;
- Develop personal attributes including kindness, integrity, generosity and honesty;
- Recognise potential risks and know how to manage these risks safely;
- Understand what makes good healthy relationships with others;
- Be independent and responsible members of the school community;
- Be positive and active members of a democratic society;
- Encourage respect for democracy and support for participation in the democratic process, including respect for the basis on which law is made and applied in England.
- Accept responsibility for their behaviour, show initiative and understand how they can contribute positively to the lives of those living and working in the locality in which the school is situated and to society more widely;
- Distinguish between right and wrong and to respect the civil and criminal law of England;
- Develop positive relationships with other members of the school and the wider community;
- Encourage respect for other people, paying particular regard to the protected characteristics set out in the Equality Act 2010;
- Further tolerance and harmony between different cultural traditions by enabling pupils to acquire an appreciation of and respect for their own and other cultures;
- Acquire a broad general knowledge and respect for public institutions and services in England;
- Have an awareness of how to promote good mental health and wellbeing

Throughout their time at Abbey, the school will actively promote the fundamental British values of democracy, the rule of the law, individual liberty, and mutual respect and tolerance of those with other faiths and beliefs.

PSHE Curriculum Planning



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At Abbey, we use the 'Cambridgeshire Primary Personal Development Programme' framework which is designed to build progressively, adding skills and knowledge as the pupils grow and mature and journey from Reception through to Year 6.

The framework covers four key strands in personal development;

Myself and My Relationships

Healthy and Safer Lifestyles

Citizenship

Economic Wellbeing

These strands cover all existing learning outcomes specified in the National Curriculum, selected areas of learning for the Early Years Foundation Stage and incorporate a range of other important areas like personal safety education, relationships and health education and promoting British Values.

The PSHE coordinator works closely with the Headteacher in planning assemblies, including visiting speakers to support and enhance the PSHE themes being taught across the curriculum. Currently, class teachers plan blocks of work following the scheme of work listed below. Teachers follow the medium-term plan, using resources available in school, online resources and websites and contributions and visits from representatives of outside agencies. When planning class teachers also take into account Mental Health and Wellbeing.

The PSHE Scheme of work is as follows;

Early Years

(Reception)

PSHE and Citizenship is taught as an integral part of the topic work covered during the year.

Myself and My Relationships 1 (Beginning and Belonging)

Myself and Relationships 2 (Family and Friends - Including Anti-bullying)

Myself and Relationships 3 (My Emotions)

Citizenship 1 (Identity and Diversity)

Citizenship 2 (Me and My World)

Healthy and Safer Lifestyles 1 (My Body and Growing Up)

Healthy and Safer Lifestyles 2 (Keeping Safe, Including Drugs Education)

Healthy and Safer Lifestyles 3 (Healthy Lifestyles)

Pupils learn about themselves as developing individuals and as members of their communities, building on their own experiences and on the early learning goals for personal, social and emotional development. They learn the basic



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rules and skills for keeping themselves healthy and safe and for behaving well. They have opportunities to show they can take some responsibility for themselves and their environment. They begin to learn about their own and other people's feelings and become aware of the views, needs and rights of other children and older people. As members of a class and school community, they learn social skills such as how to share, take turns, play, help others, resolve simple arguments and resist bullying. They begin to take an active part in the life of the school and its neighbourhood.

Ground Rules

Ground rules are set, in consultation between the pupils and the teacher, to ensure all pupils feel comfortable and safe and are able to communicate effectively during PSHE sessions. These ground rules may state simply that each pupil listens to others, values others' comments and does not use personal names when discussing sensitive situations.

Teaching PSHE to children with special educational needs

We ensure the PSHE curriculum is accessible to all children. PSHE forms part of the school curriculum policy to provide a broad and balanced education to all our children. Through our PSHE teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs.

Assessment and Recording

All classes have a class PSHE scrapbook where they include class discussions, activities or stand-alone events which have contributed to their PSHE objectives. Children in KS2 also have individual PSHE books where they record learning from planned PSHE lessons from the Cambridgeshire scheme.

Confidentiality

Confidentiality is addressed when agreeing ground rules, to promote a safe learning environment. Staff and adults working with children should make it very clear to pupils that they cannot promise total confidentiality and must not try to investigate any issues themselves. They should contact the DSL Designated Safeguarding Lead if an issue arises.

Appendix 1: