

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. These shapes are primarily located on the right side of the image, creating a modern, dynamic feel. The rest of the background is a solid, very light blue.

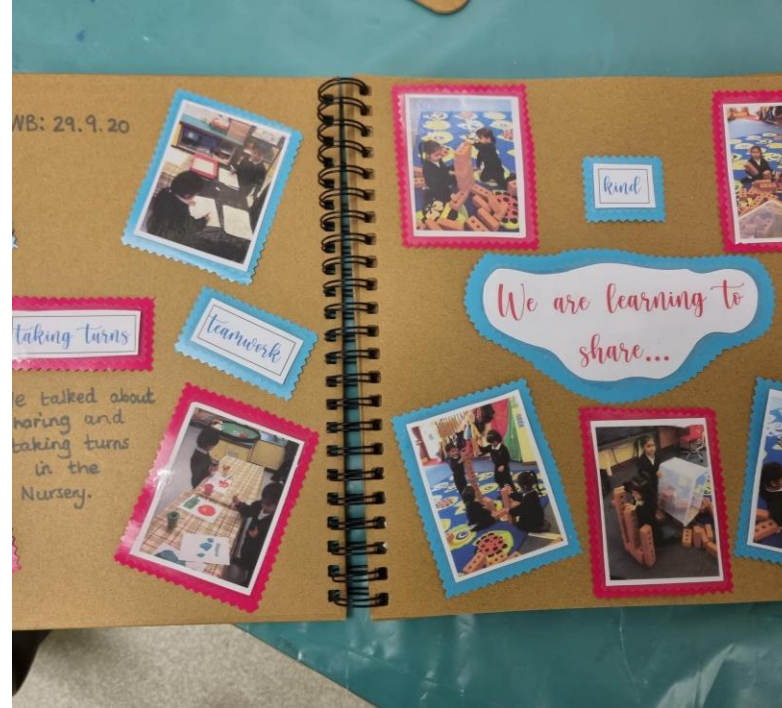
Celebrating PSHE

## Outcomes

- ▶ Build on success of PSHCE curriculum; including daily PSHCE, so children become confident in coping with world changes at this present time and become well-rounded individuals prepared for the future
- ▶ Daily PSHCE has given children opportunity to review and reflect feelings, mental health awareness, regulate emotions and have important discussion time about current issues, concerns and thoughts.
- ▶ All year groups have engaged in and provided a good provision of PSHE, this has been monitored through staff surveys, planning scrutiny, work scrutiny and discussion. The Cambridgeshire scheme of work has meant a range of objectives have been covered preparing children for their next stage of learning and beyond. The spiral curriculum will continue to be built upon year on year. Surveys have been carried out by staff on their confidence in teaching PSHE as well if any further support or resources are needed. This has meant staff have received personalised support in particular aspects of PSHE which in turn support their delivery and planning of sessions.
- ▶ Children's survey identified many children are happy and have someone to speak to in school. Those children who scored themselves negatively in these areas were identified and suggested interventions put in place for those who may need extra social and emotional interventions next year.

# Nursery

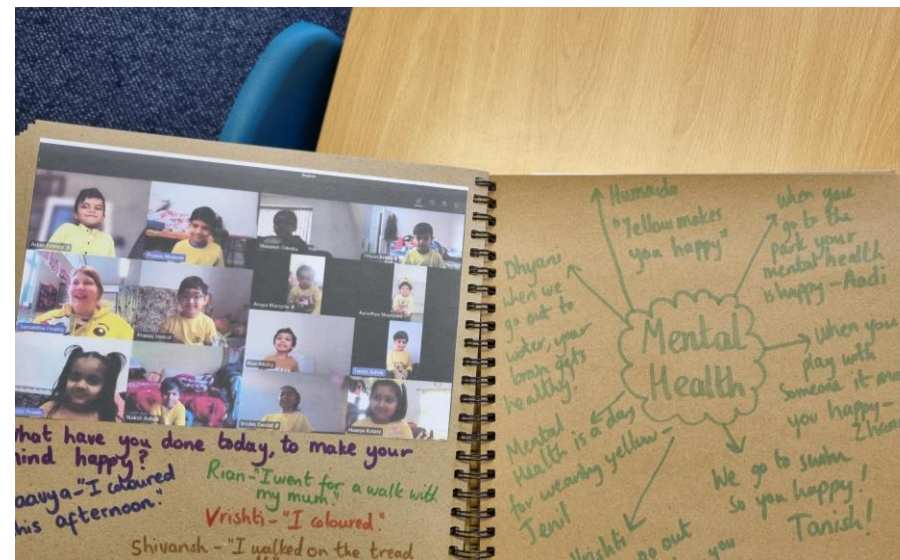
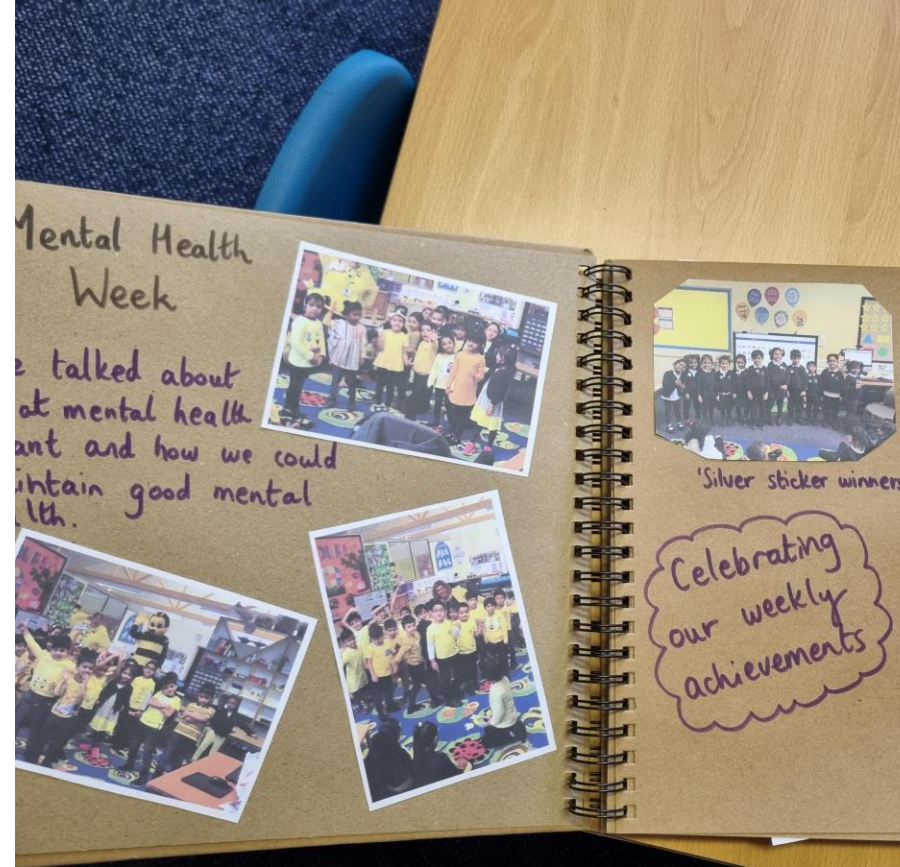
- ▶ Sharing
- ▶ Red nose day
- ▶ Mental health awareness





# F2

- Celebrating achievements
- Sharing
- Mental health



Speaking Baseline 2/9/20  
Vrishti  
"I did my fingers!"  
"What's that?"  
"I'm going to wash my hands!"  
"My mummy is noodles!"

2/9/20 - Free Play  
Vrishti is colouring.  
Her friend wants some colour pencils. She says "Sharing is caring". She then goes on to tell me... "I colour everything".

Hana - Morning Talk 3/9/20.

"I was sick in Mummies bedroom. I was sick in a jug. I love my dad and my mum and my sister and brother."

Speaking Baseline 2/9/20  
Hana

"Hers was at my nursery!"  
• Asks lots of questions  
Hana is pointing to a girl in another class.  
• Speaks in detailed sentences.  
• Good level of vocabulary

Hana 9/9/20

Free Play

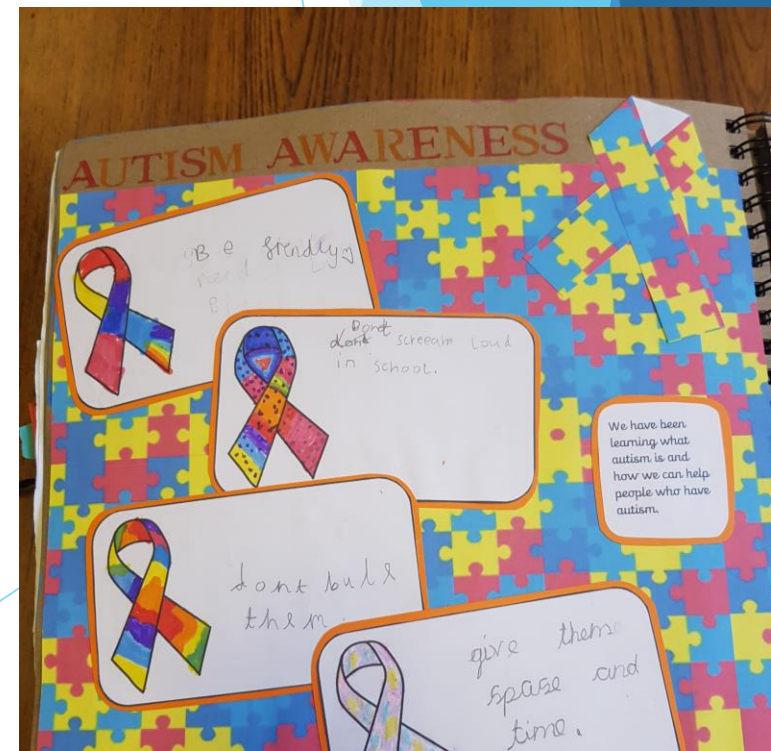
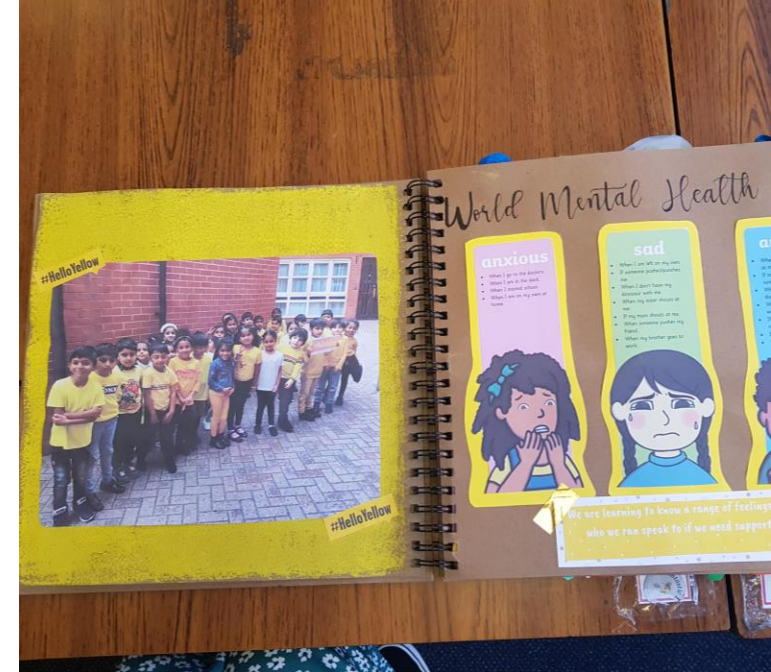
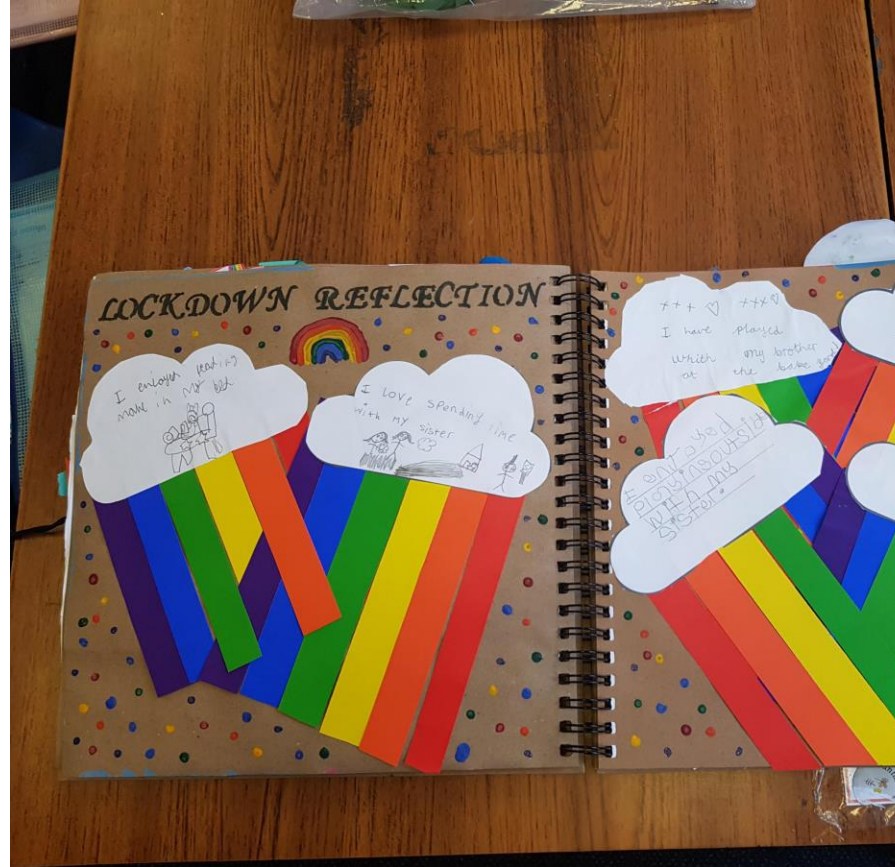
Hana shows me a picture she has drawn outside.

"I draw a picture of my family Mum, dad,

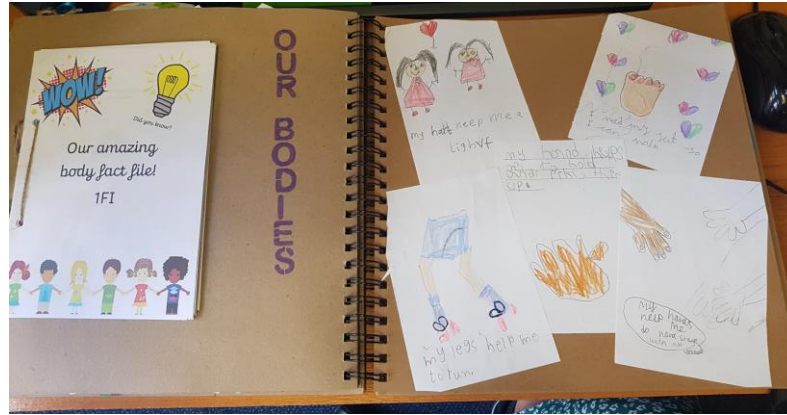


# Year 1

- Road safety
- Autism awareness
- Mental health awareness
- Our bodies
- Reflecting on lockdown
- Odd socks day

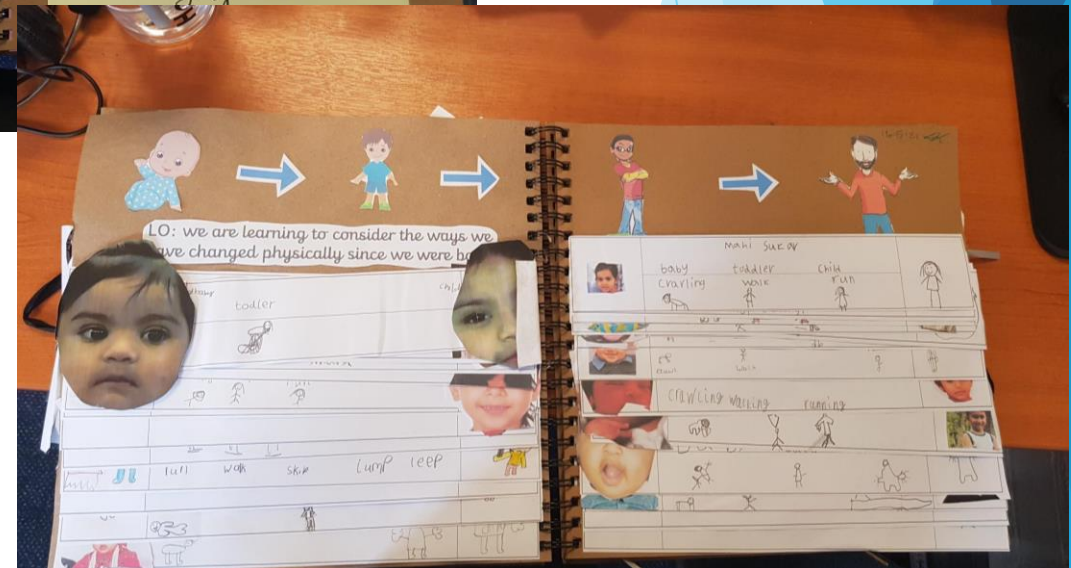
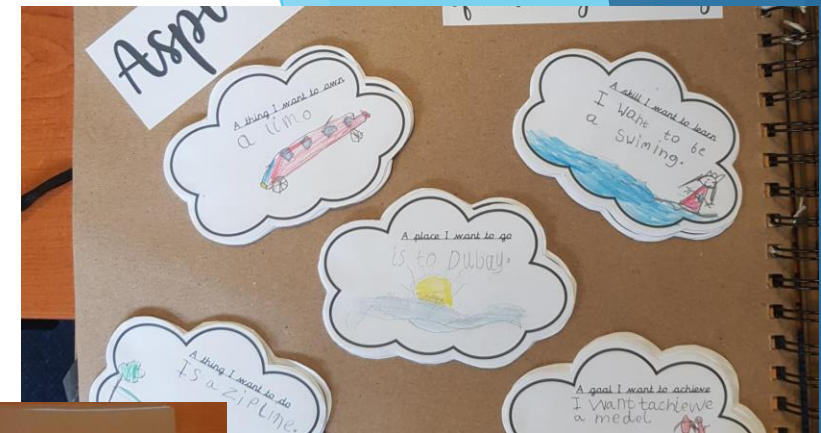
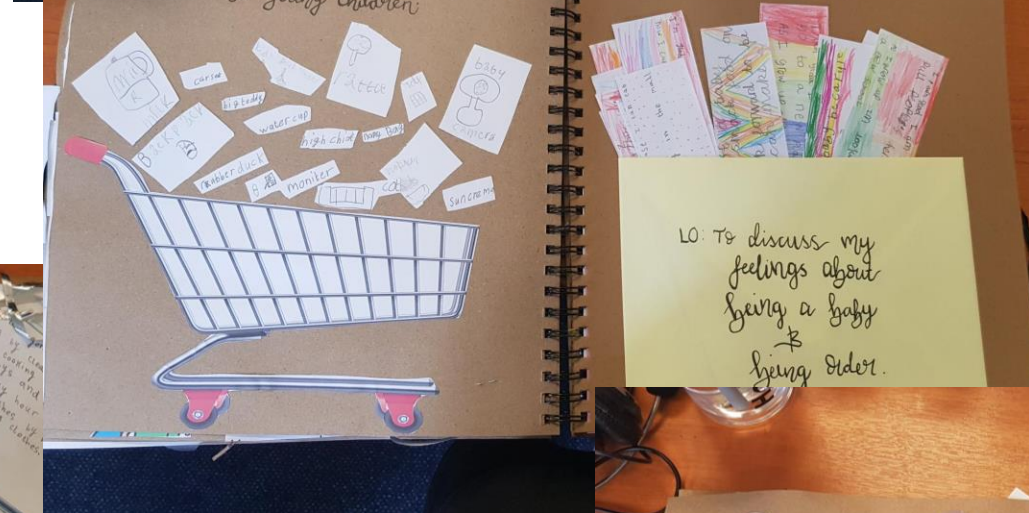
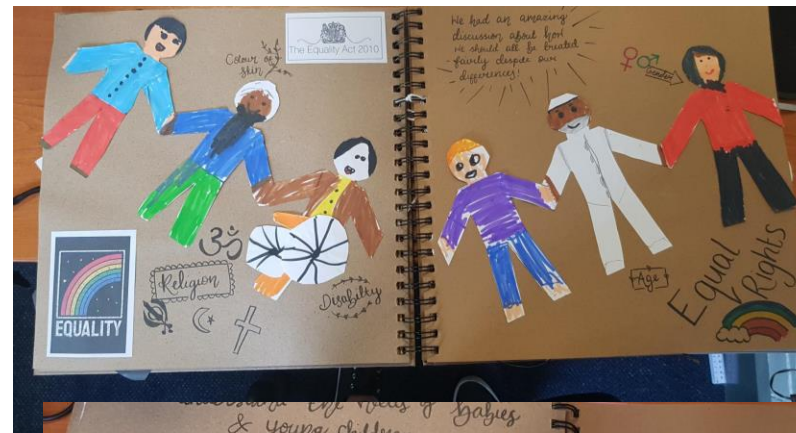
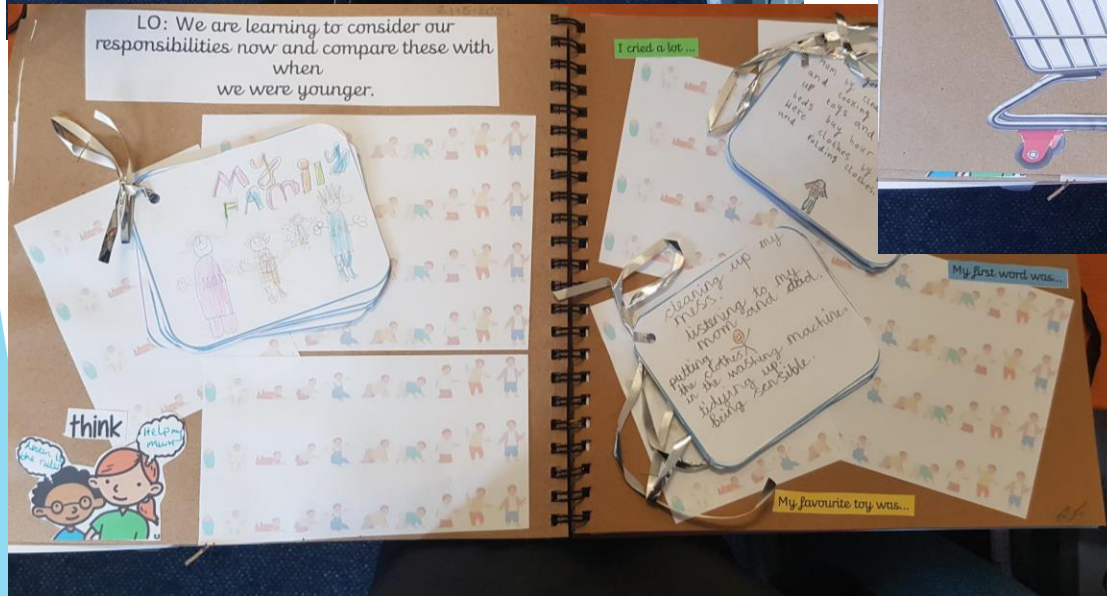
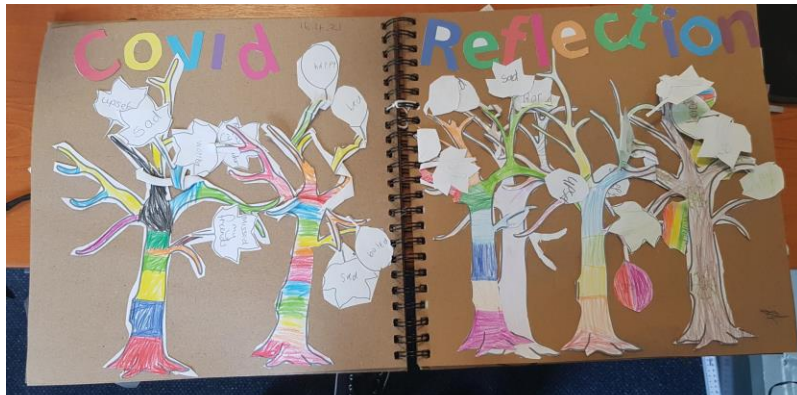




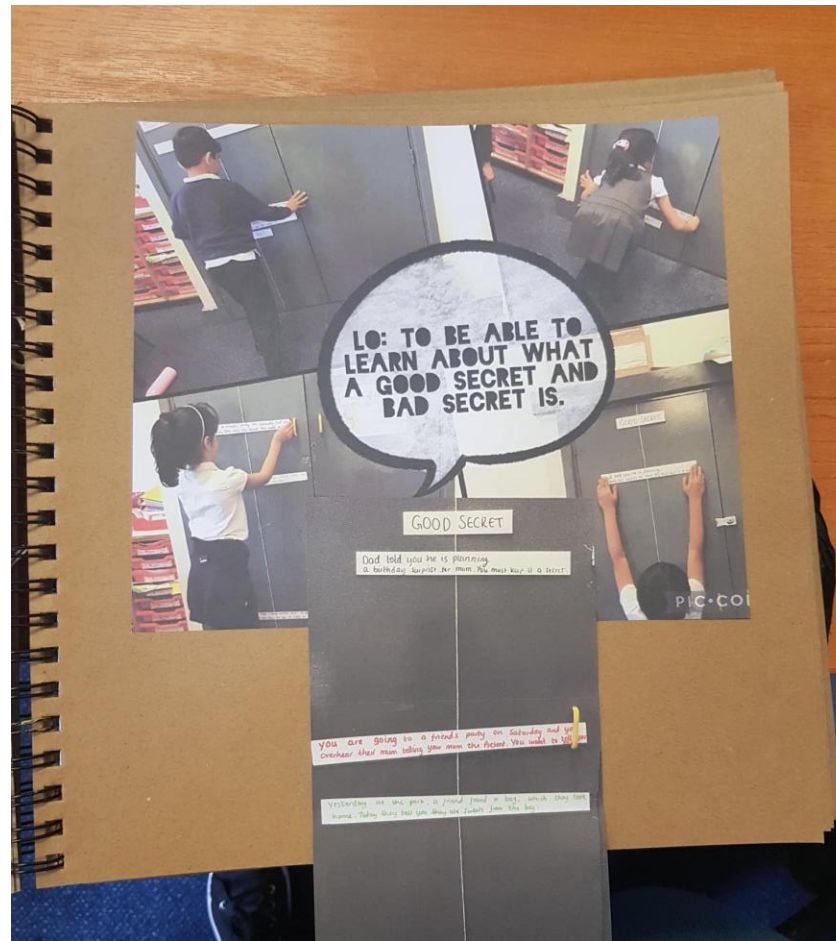
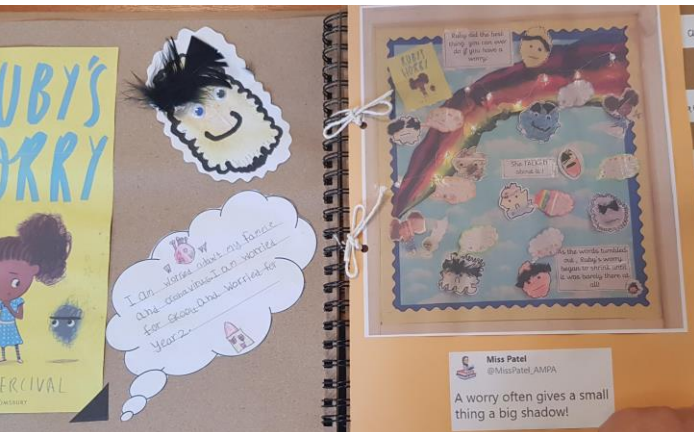
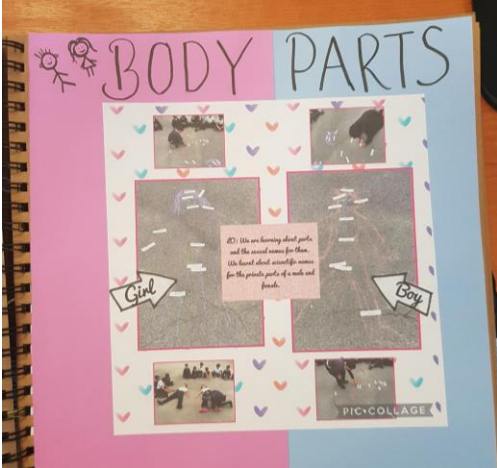




# Year 2



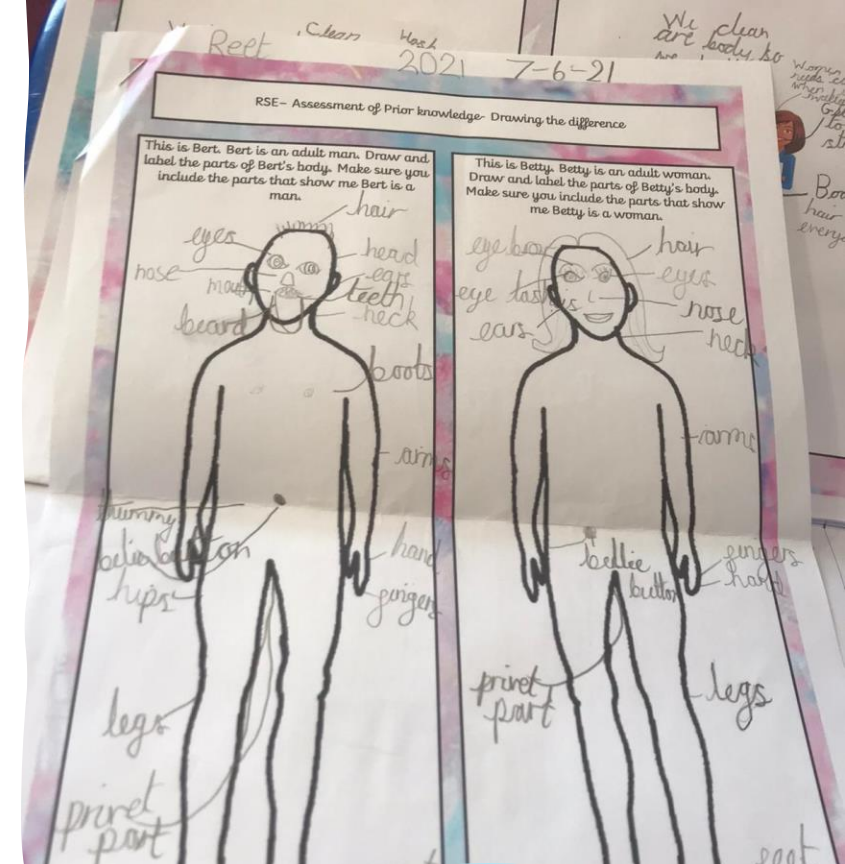




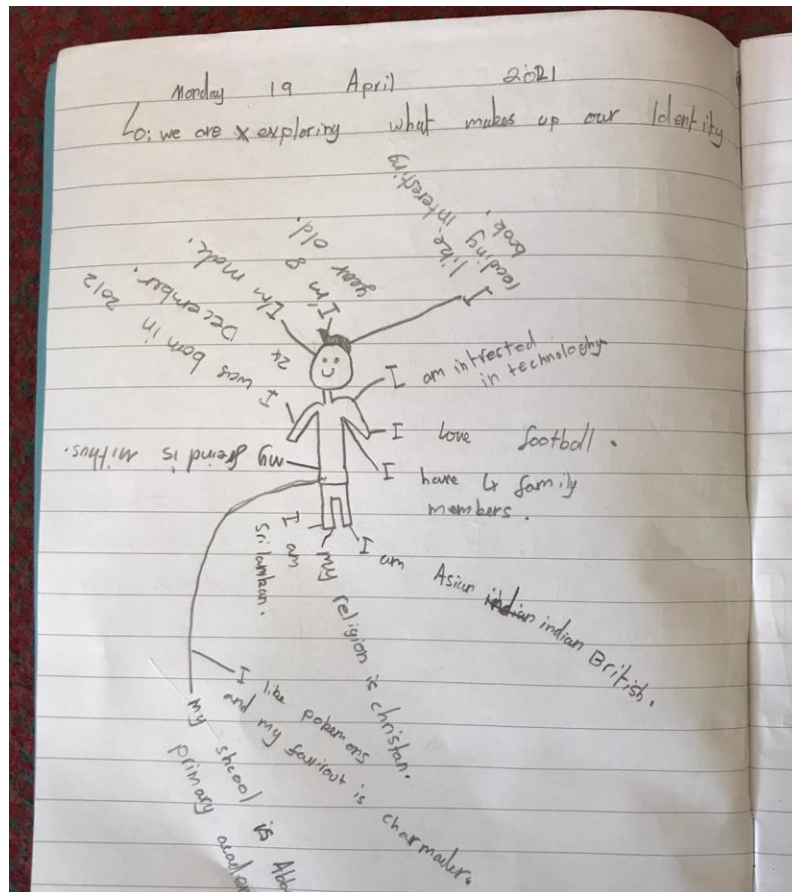
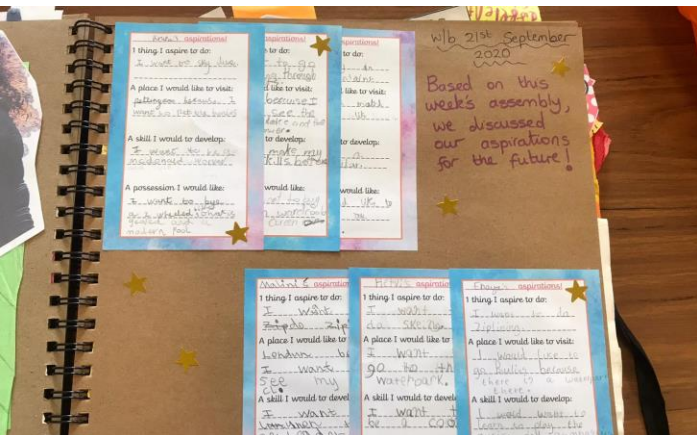
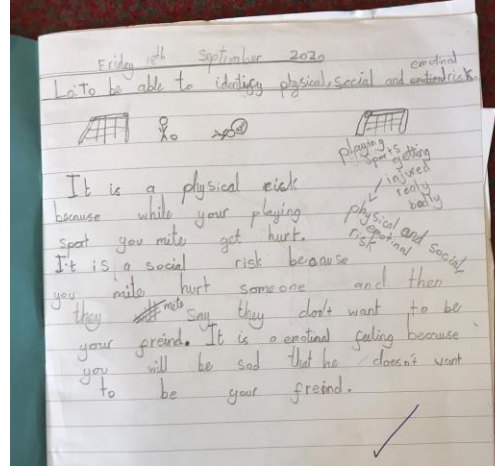
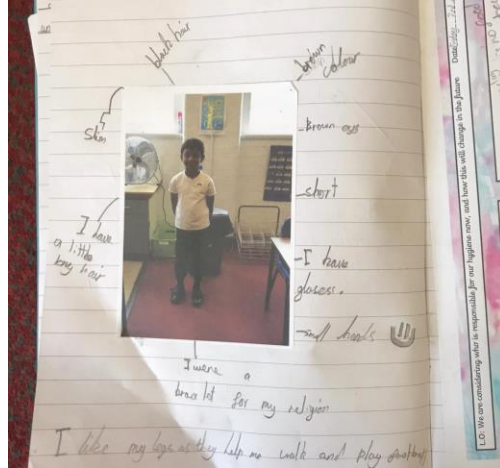
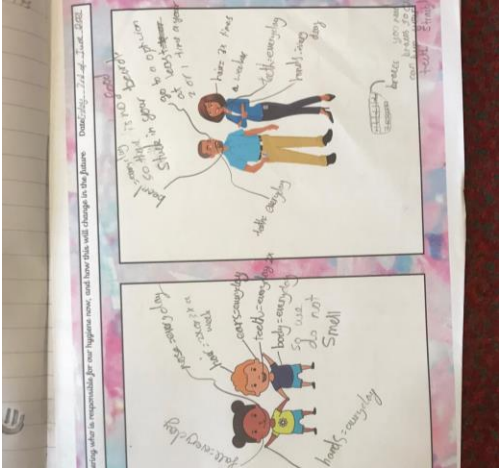
- ▶ Aspirations
- ▶ Mental health and wellbeing
- ▶ Worries
- ▶ Connecting with nature
- ▶ Body parts
- ▶ Covid reflection
- ▶ Secrets
- ▶ Changes



# Year 3







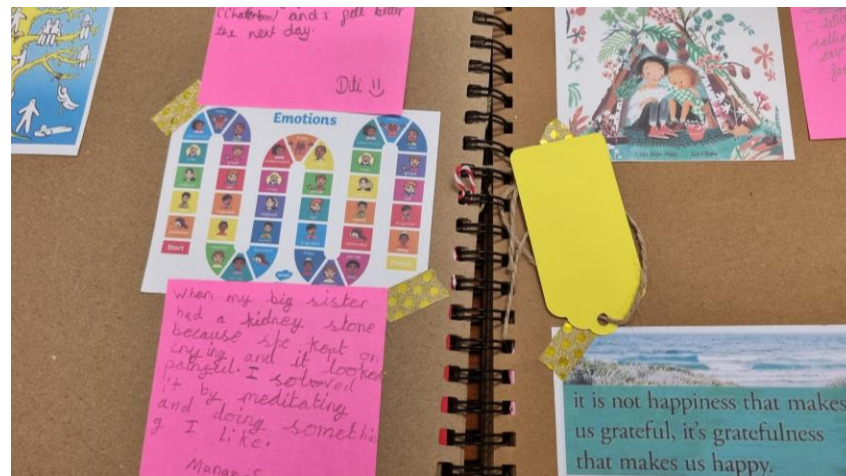
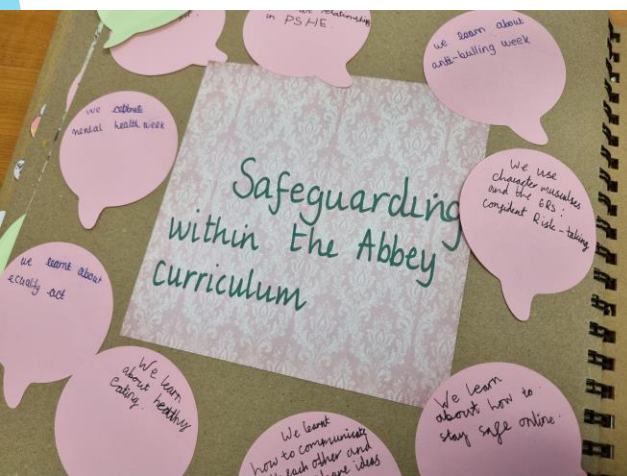
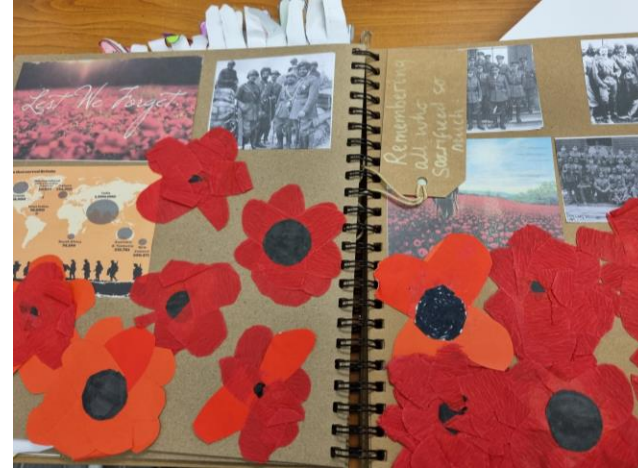
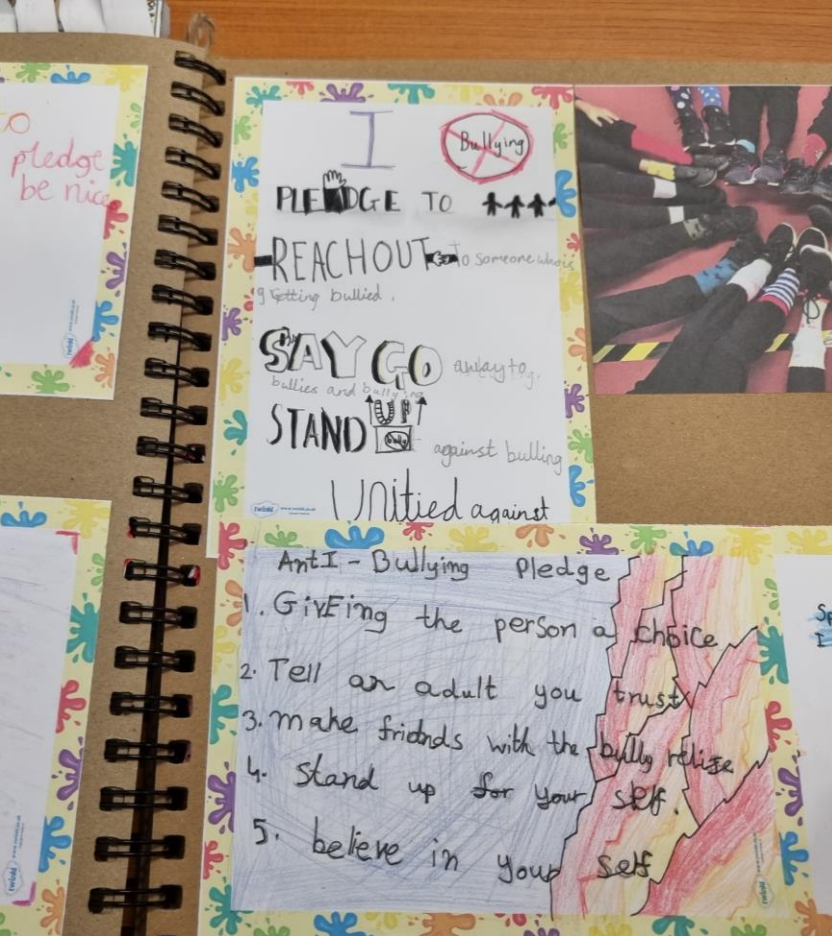
- Using pre/post unit assessments
- Remembrance
- Identity – Leicester/themselves
- Body parts and functions
- Affirmations







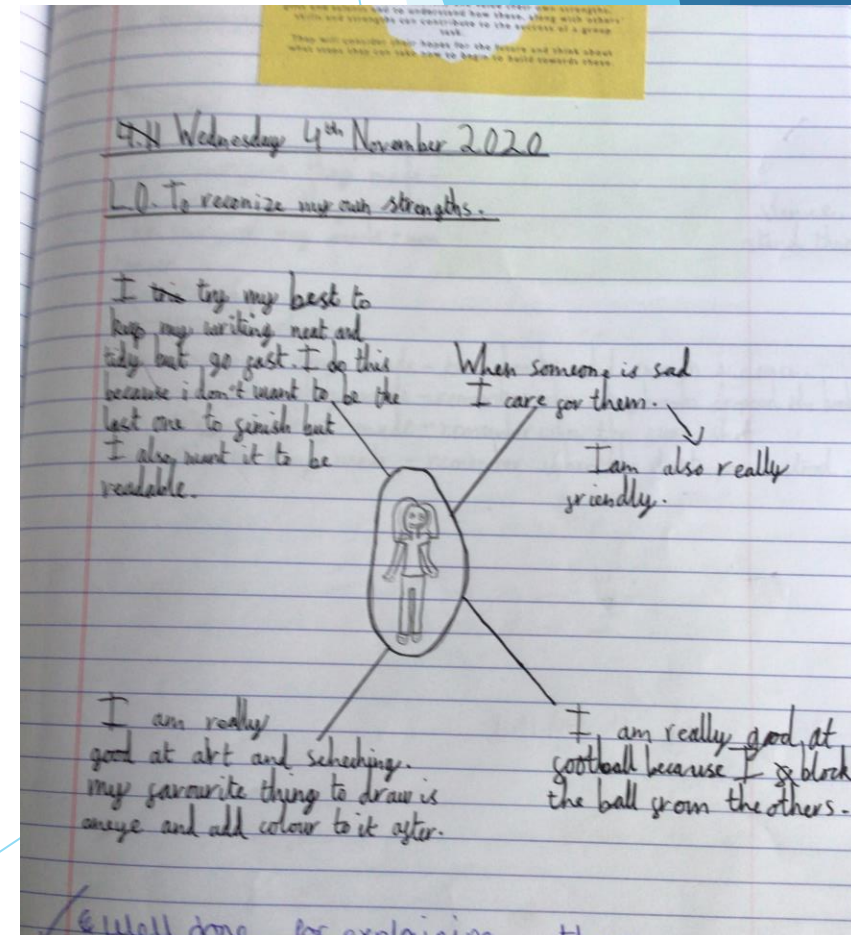
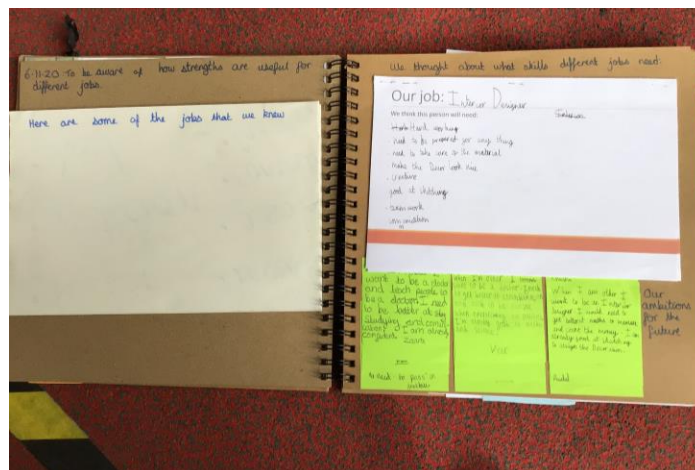
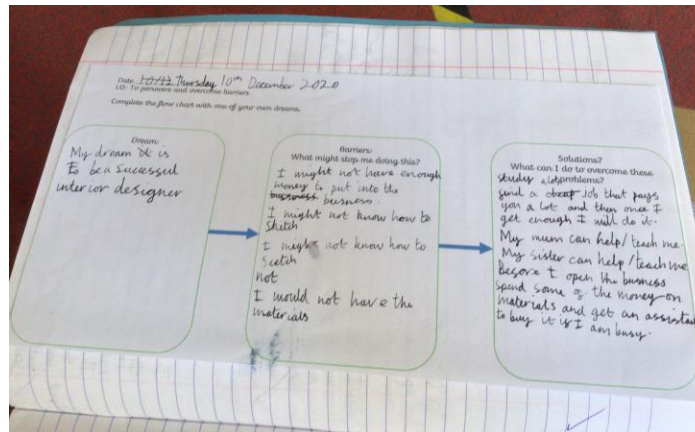
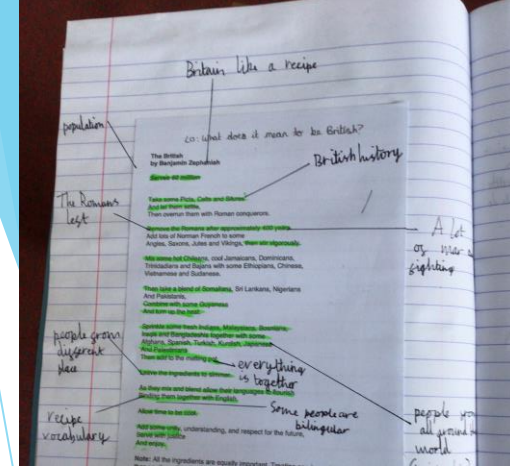




- ▶ Use of books to initiate discussion points
- ▶ Identity – Leicester
- ▶ Support network
- ▶ Remembrance
- ▶ Anti-bullying
- ▶ Safeguarding within the Abbey curriculum
- ▶ Worries
- ▶ Diversity
- ▶ 6Rs
- ▶ Gratitude jar

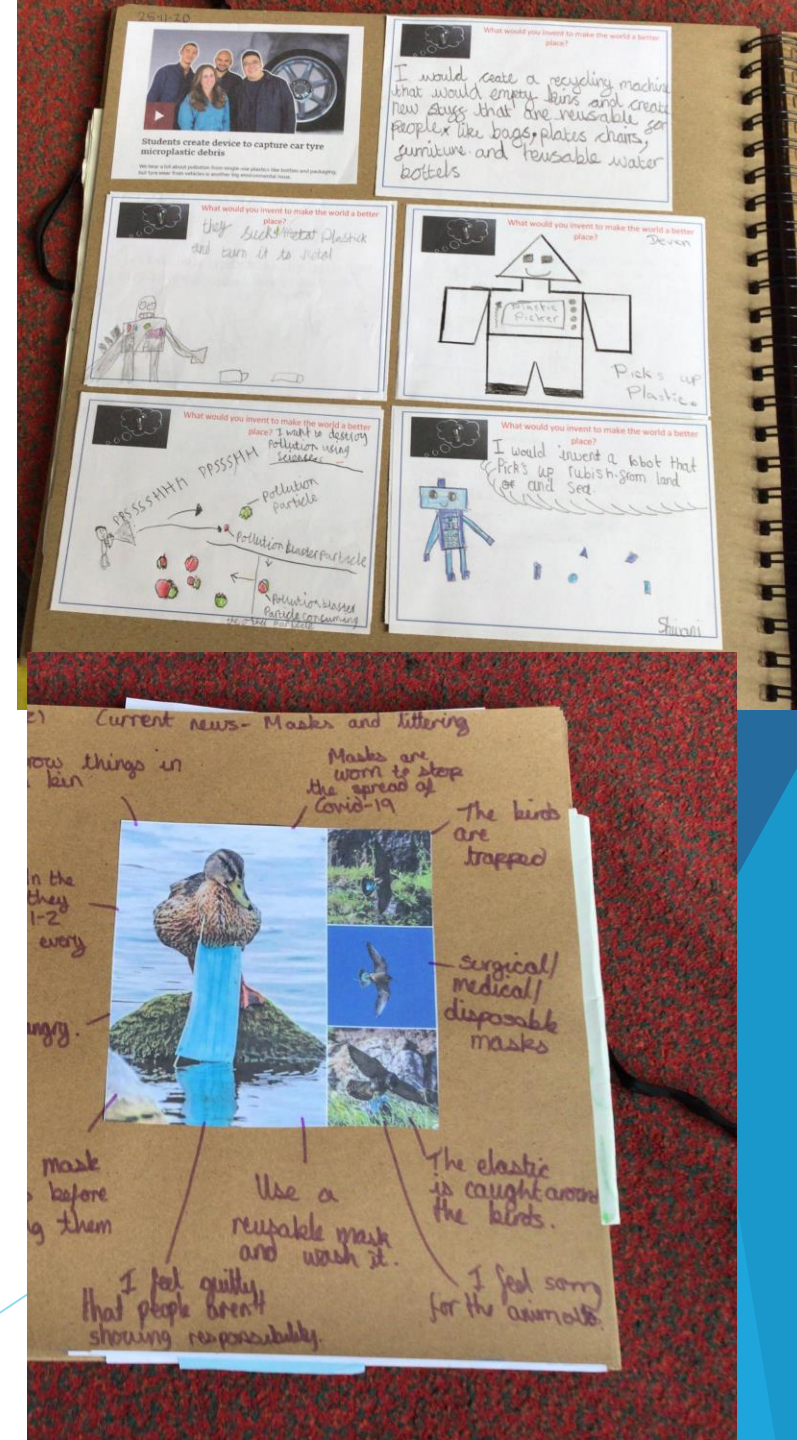
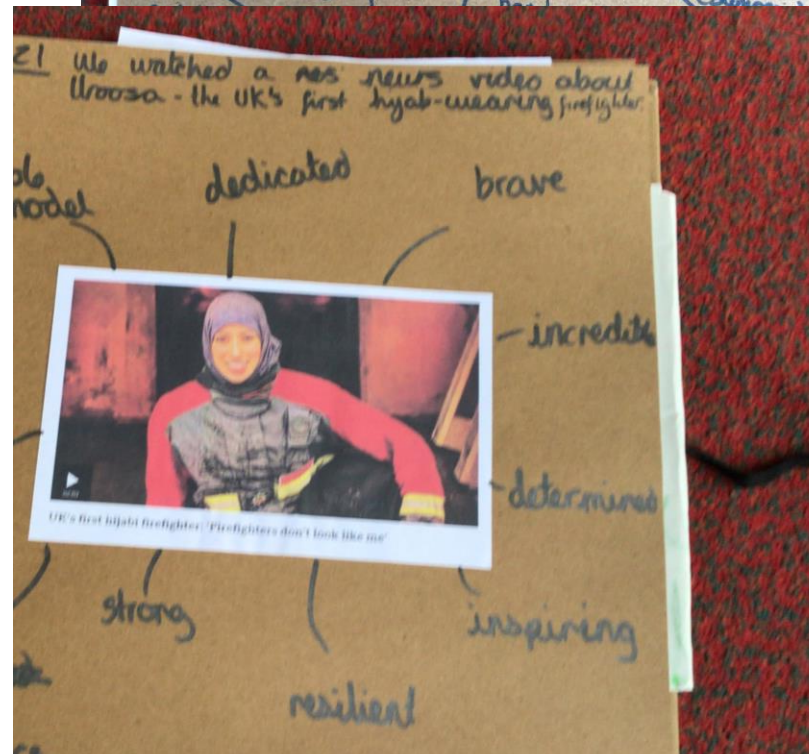
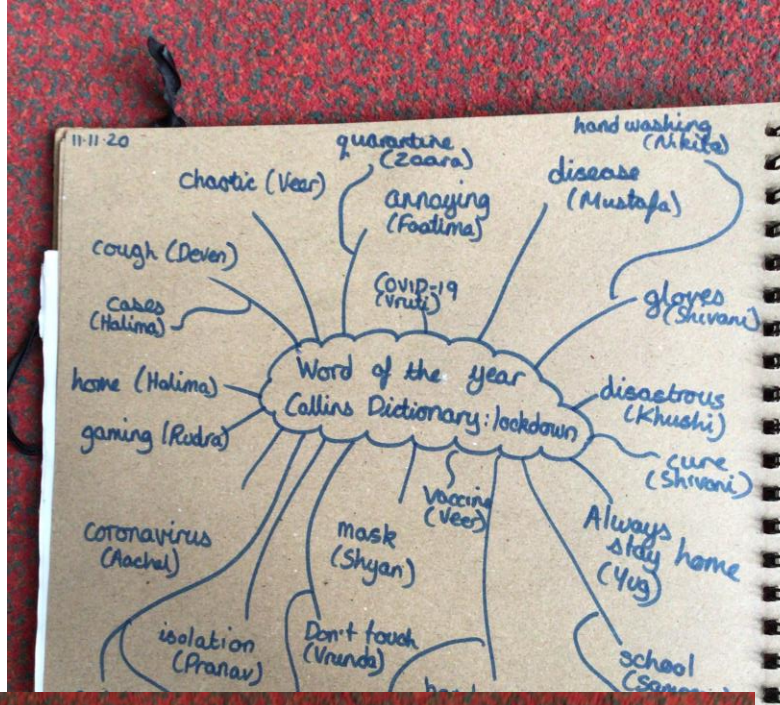


# Year 5



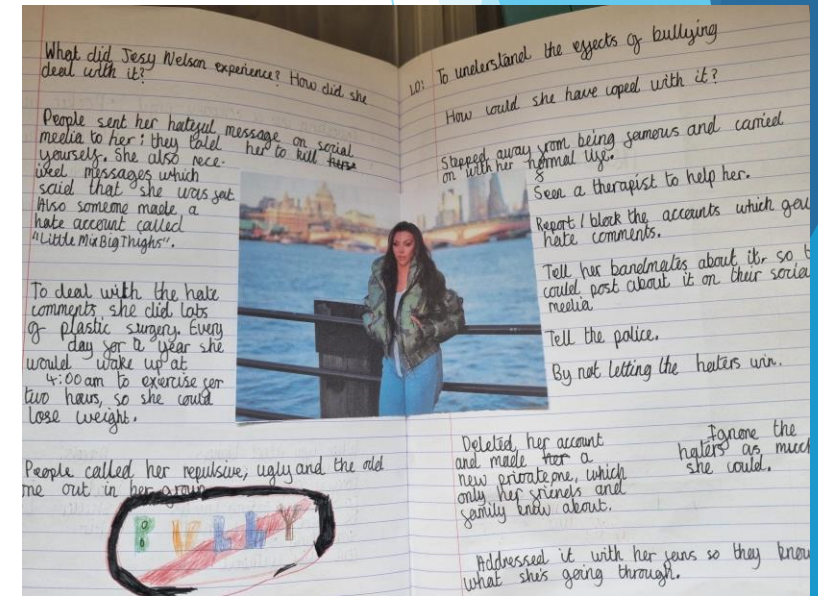
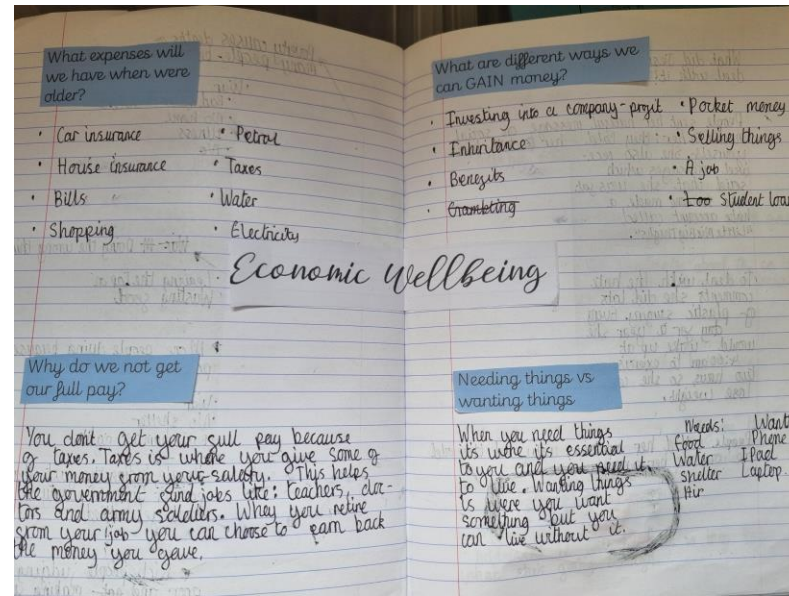
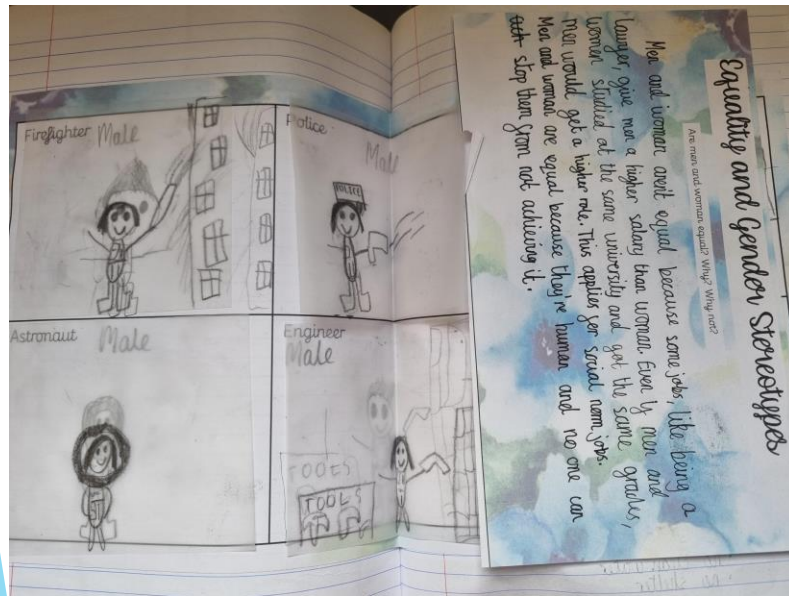


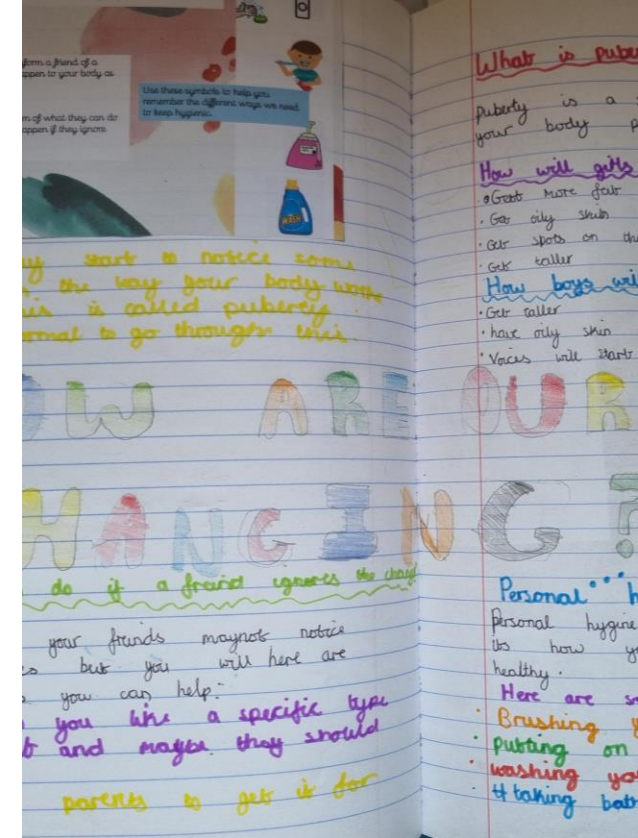
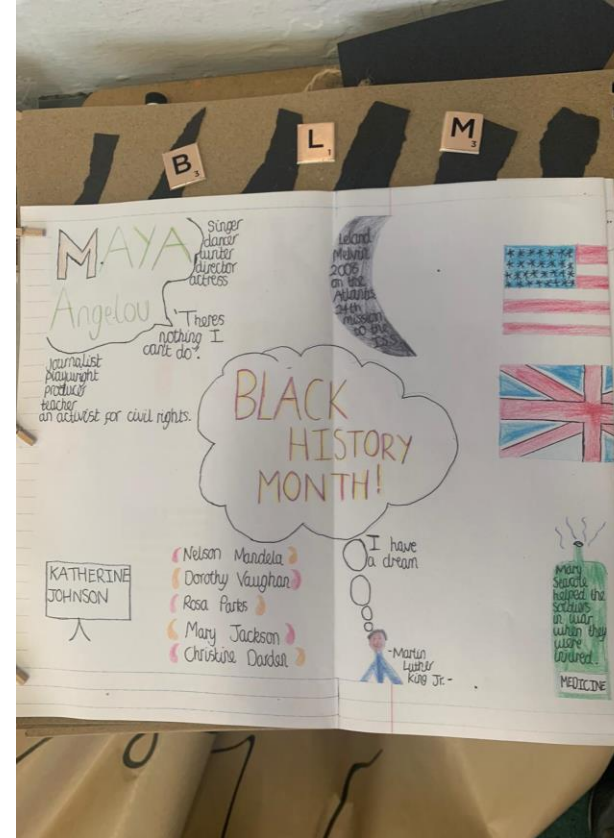
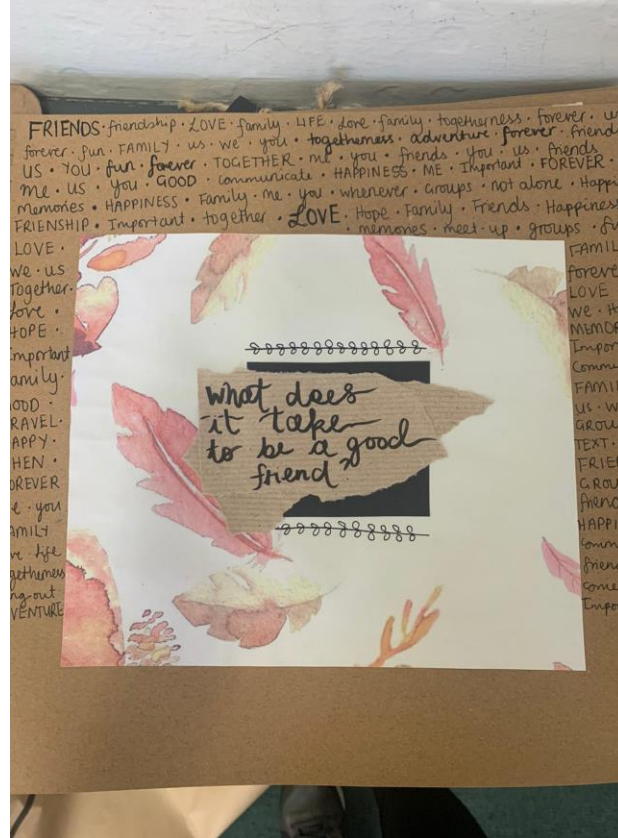
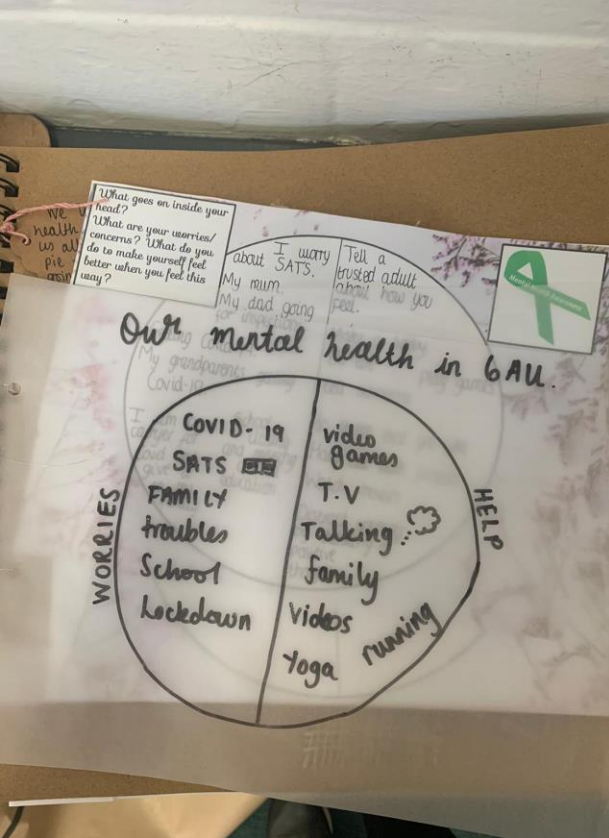
- ▶ Current news issues
- ▶ Teachable moments
- ▶ British values
- ▶ Relationships
- ▶ Dreams and aspirations





# Year 6





- ▶ Mature discussions
- ▶ Financial understanding
- ▶ Mental health
- ▶ Changes
- ▶ Managing risk
- ▶ Teachable moments
- ▶ Friendships
- ▶ Black history month



# Workshops

- ▶ Teddy bear hospital – As many children at Abbey live with elderly grandparents we exposed them to the idea of medical professionals and their role. We believe many of our children see their family members visit doctors and hospitals. Also, with the recent Covid-19 outbreak it was important for our younger children to understand the role of medical professionals and their work in caring and support the community.
- ▶ Healthy eating – Year 5 and 6 took part in a healthy meals workshop to provide them with information regarding better food choices. As we know, children of Abbey have a heavily Indian diet which isn't always healthy or balanced. Our aim was to give children the knowledge of healthy eating so that they can make better food choices ready for their next step into secondary.



## Awards

- Healthy schools award - Bronze awarded





# Whole school

- ▶ New books were purchased to enhance the curriculum
- ▶ Books included: diversity, inclusivity, family structures and mental health and wellbeing
- ▶ Whole school diversity display





# Covid-19 lockdown

- ▶ PSHE teaching continue during lockdown
- ▶ Mental health and wellbeing activities were set to give children a chance to channel their energy and have a safe space to discuss concerns and worries
- ▶ On their return, MHWB was a priority

